

SEMINARIO CIMERA

“Health status measurement in daily clinical practice”

PONENTE

Prof. Thys van der Molen
Professor of Primary Care Respiratory Medicine
University Medical Centre Groningen, (UMCG)
Groningen, The Netherlands

RESUMEN

COPD is a very prevalent disease both in primary care and secondary care. Many patients with COPD suffer from symptoms that are either related to smoking induced bronchitis, impairment of lung function, emphysema, chronic systemic inflammation, deconditioning, co morbidity or a combination of these conditions. Despite this knowledge the current guidelines can only provide us with a purely on pulmonary function based management plan. Many studies show that the relation between pulmonary function as measured with FEV1 and symptoms or health status is very poor. Correlations of 0.25 are reported several times. For future research and future optimal management of patients with COPD it is therefore pivotal that apart from proper pulmonary function measurement, health status must also be measured. Health status measurement tools such as SGRQ and CRQ, are too complicated and long. Currently two short and easy to interpret ate different instruments, the CCQ (Clinical COPD Questionnaire) and the CAT (COPD Assessment Test) questionnaires are available to be used in daily clinical practice. Both instruments can easily be used in primary care and secondary care settings and in telemedicine based COPD management projects. In an ongoing telemedicine project in the Netherlands 3000 patients with pulmonary problems completed the CCQ, ACQ , history questionnaire and performed pulmonary function. The data show that around 25 % of patients with mild COPD suffer from moderate to severe health status impairment.

FECHA Y LUGAR

Lunes, 16 de noviembre de 2009 a las 15:30h.
Auditorio de la Fundació Caubet-CIMERA (“Capilla”)
Recinto Hospital Joan March, Carretera Sóller km.12 – Bunyola